



# Eastern Illinois University

Presents

## EXPLORATIONS OF SOUTHERN AFRICA

July 28-August 12, 2007

### *Professional Development Series for Educators*

Marked by beauty, diversity, richness, turmoil, and rebirth, join us as we explore *Three Countries of Southern Africa*. Vast grasslands, majestic mountain ranges, and abundant wildlife characterize the land. This study tour is designed to offer a true exploration of the environments and communities of Southern Africa inclusive of stops in Zambia, Botswana, and a comprehensive exploration of Namibia.

We will begin our journey in Livingston, Zambia for a short stay as we make our way across the border to Botswana. Here we will explore the world famous Victoria Falls. Our journey in Botswana will take us through Chobe National Park and into the Okavango Delta famed for the rich diversity and unique African habitat. The wildlife communities of Africa know no political boundaries and therefore our journey will have us visiting several countries, even back and forth. The majority of our travels will be hosted in Namibia.

“Namibia” means ‘open plains’ in the ancient Hottentot language. It is a sought after tourist destination defined by endless sunshine, scenic beauty and unusual and contrasting topography. The country is sandwiched between two deserts - the Namib Desert, said to be the oldest in the world, on its western coastline and the Kalahari Desert in the eastern interior. Northern Namibia features the great Etosha National Park, with the countries largest concentration of game and in the south the majestic Fish River Canyon plunges 550 meters and extends for 160 km. Between these four highlights lies over 820,000 sq. kms (the size of France & Britain combined) of contrasting scenery.

The world’s highest dunes are found in haunting scenery inspiring somber reflection. Pre-historic rock art, the ancient fossil plant, *Welwitschia mirabilis*, fossil dinosaur footprints are preserved in the ancient, rocky mountain ranges. Many of the features of this country are of particular scientific interest and attract scientists from all over the world.

Namibia is the first country in the world to include protection of the environment and sustainable utilization of wildlife in its constitution. About 15.5% of the country has been set aside as National Parks. In these areas, rare and endangered species of animals, birds and plant life are preserved and protected. They serve as a living reminder to us all, and to the generations of the future, of how it once was in Africa.

During our travels, we will explore Sub-Saharan Africa within an interdisciplinary approach as we work to understand basic and complex connectivity of man and his environs. The program will include; expert lectures, informal discussions, hands-on experience and collaborative opportunities to interact with both community and wildlife.

***If you have dreamed of Africa,  
Taught about Africa,  
This field workshop is not to be missed!***

# Eastern Illinois University

## Exploring Southern Africa: July 28-August 12, 2007 Professional Development Series for Educators

<b>Day 1</b>	<b>Depart From Chicago, Illinois United States</b>	<b>Day 10</b>	<b>Etosha National Park</b>	<b>Namutoni Or Okaukuejo - BLD</b>
<b>Day 2</b>	<b>London</b> Arrive in London. Late night flight to Johannesburg			Full Day of Wildlife Game Drives and Observation. Enjoy an evening talk by Etosha Game Warden.
<b>Day 3</b>	<b>Livingstone, Zambia Zambezi Waterfront D</b> Upon arrival to Johannesburg connect with your flight to Livingstone, Zambia. Afternoon, enjoy time to rest and relax. In the Evening, enjoy an afternoon sunset cruise on Zambezi River with Dinner. Evening set up camp	<b>Day 11</b>	<b>Twyfelfontein</b>	<b>Spitzkoppe Camp BLD</b>  Our destination today is Spitzkoppe, known as the Matter horn of Namibia. Rising to an altitude of about 1800 Meters, the Spitzkoppe is by no means Namibia's highest mountain, however, due to its striking outline; it is regarded as the most well-known mountain in the country. Situated in an endless, dry plain, the island of mountains can be seen from far away. Time Permitting on arrival, we will enjoy a hike at Spitzkoppe. Evening Lodge Campsite
<b>Day 4</b>	<b>Chobe National Park, Botswana Toro Camp BLD</b> After breakfast enjoy a guided tour of Victoria Falls. We will depart from Livingstone in Zambia by ferry across the Zambezi and into Botswana (1 Hour).The afternoon is spent on a sunset cruise game Viewing activity in a part of Africa's unspoilt wilderness, Chobe National Park (3:30pm - 7:00pm). Chobe has an abundance of game whose distinctive calls can be heard throughout the night. Evening Lodge Campsite	<b>Day 12</b>	<b>Swakopmund</b>	<b>Villa Wiese BLD</b>  Today we move westward across the flat desert plains to reach the cold Atlantic coastline. As we follow the Skeleton Coast on our way to Swakopmund We will visit Africa's largest Seal Colony at Cape Cross Where zoom lenses and binoculars will definitely not be needed. In the afternoon, enjoy a guided tour to the Mondesa Township in Swakopmund. Lunch will be at Cape Cross seal colony picnic site. Dinner will be at a local restaurant in Swakopmund. Overnight Lodge – No Camping
<b>Day 5</b>	<b>Western Caprivi, Namibia Ngebi Camp BLD</b> Today we will leave Botswana and drive through Chobe National Park before crossing over into Namibia and driving through the Caprivi to Ngepi, situated in the upper regions of Okavango Delta Panhandle in Western Caprivi Strip. In the afternoon you will go on a game drive to the famous Mudumo National Park. Mudumo is home to herds of Red Lechwe and the occasional Sitatunga. Also watch for Spotted-Necked Otter, Hippo and Crocodile also found in these fertile waterways. Evening Lodge Campsite	<b>Day 13</b>	<b>Sesriem</b>	<b>Sesriem - Camping BLD</b>  Today is spent exploring the barren, arid, and sometimes rocky landscape of the Namib Naukluft National Park ( <i>recently reviewed as a top-ten location by National Geographic</i> ). Once we reach Sesriem, we camp in wide-open spaces under the countless stars. Evening Discussion Group and Astronomy talk. Evening Lodge Campsite
<b>Day 6</b>	<b>Okavango Delta, Botswana Mbiroba Camp BLD</b> Today we will enjoy a guided cultural tour of a local Mbukushu Village Following; we will leave our camp on the Caprivi for Etsha on the western border of the Okavango Delta. The next 2 days are spent exploring the network of water pathways through thick vegetation in Mokoros (Traditional Dugout Canoes) and speedboat. The Delta is a well-preserved gem of Africa with a vast oasis of crystal clear lake lets, lagoons and palm-fringed islands. Evening Lodge Campsite	<b>Day 14</b>	<b>Sesriem</b>	<b>Sesriem - Camping BLD</b>  This morning, we visit the world's highest sand dunes in Sossusvlei. At sunrise these red sand dunes, which can reach heights of over 300m, are absolutely spectacular and provide for a fantastic photo opportunity and discussion on desert ecology. We will also capture views of the seasonal water in the Vlei (lake). Evening Lodge Campsite
<b>Day 7</b>	<b>Okavango Delta Mbiroba Camp BLD</b> Spend a full day exploring the network of water pathways through thick vegetation in Mokoros (traditional Dugout Canoes) and speedboat. Evening Lodge Campsite	<b>Day 15</b>	<b>Windhoek</b>	<b>Roof of Africa Lodge BLD</b>  We will leave the desert behind us and travel further inland back to Windhoek. This will be a long day of driving through beautiful countryside for our last reflections of Southern Africa. In the evening we'll arrive back in civilization in Windhoek and enjoy a hearty Farewell Dinner at our lodge – No Camping.
<b>Day 8</b>	<b>Kavango River, Namibia N' Kwazi River Camp BLD</b> Leaving Botswana, we make our way into Namibia and onto N'kwazi River Camp, which is on the bank of the Kavango River. In the afternoon, enjoy horseback riding at the trails. Evening Discussion Group.	<b>Day 16</b>	<b>Windhoek</b>	<b>B</b>  Transfer to the airport for flight back to United States
<b>Day 9</b>	<b>Etosha National Park Namutoni Or Okaukuejo BLD</b> After breakfast visit a local school, The Mayane School ( <i>Time Permitting And Based On School Schedule</i> ). Later in the morning we head to Etosha National Park. Here we will spend 2 days of wildlife exploration in guided game drives. In the evenings we will enjoy some of the most spectacular game viewing in all of Africa, at floodlit waterholes.			

**EASTERN ILLINOIS UNIVERSITY:  
EXPLORATIONS OF SOUTHERN AFRICA**

**Leader Contact:**

Dr. Marylin Lisowski  
Professor of Science and Environmental Education  
Illinois Environmental Science Teacher of the Year - 2006  
Immediate Past President of Illinois Science Teachers Association

Eastern Illinois University  
600 Lincoln Ave  
Charleston, IL 61920  
217/581-7830 (phone)  
217/581-6300 (fax)  
[mlisowski@eiu.edu](mailto:mlisowski@eiu.edu)

**Land Cost:** \$2995.00 (a person)

**Rates Based on:**

A Minimum of 14 paying participants sharing in Double occupancy tents (unless otherwise noted).  
*RATES MAY CHANGE* if group falls below minimum number of participants. Please be aware that single occupancy tents may be available and may be at an additional cost depending on group size.

**Land Cost includes:** All in-country accommodations in camping lodges\*, transportation, expert local guide, activities, and meals as stated above (participatory meal preparation). Beverages with meals consist of teas, juices, and/or processed water (all bottled water is extra).

- \* **Camping Gear Included in Program** – Tent, Sleeping Bag, Mat, Food Preparation Items
  - **Recommended you bring a sleeping bag insert and pillow**
  - **“Lodge” Campsites** – are fully equipped lodges with swimming pools, restaurants, full cooking facilities and full bathroom facilities - Tents are set up in designated areas adjacent to these facilities
  - **Meal Preparation** – meals preparation is the responsibility of all participants and all ingredients, recipes, cooking items are provided for a wonderful menu of local dishes

**Land Cost does not include:** Items not specifically mentioned in the itinerary, additional optional activities, domestic and international airfares, airport departure taxes, passport and visa fees, insurance, gratuities to guides, drivers, or transfer personnel, alcoholic beverages, soft drinks, bottled water, laundry, telephone calls, or any other expense of a Personal nature.

**Air Reservations:** Holbrook is happy to support your airline reservations. Please contact Wendy for updated schedule and pricing at [wendy@holbrooktravel.com](mailto:wendy@holbrooktravel.com). Your land program may require strict arrival and departure times. Participants making their own flight arrangements may be subject to separate transfer fees. Below is the current group schedule and pricing:

07/28/2007	Chicago (Ohare)	London (Heathrow)	6:00 pm	8:00 am	\$2,900.00
07/29/2007	London (Heathrow)	Johannesburg	6:50 pm	6:55 am	
07/30/2007	Johannesburg	Livingstone, Zambia	10:45 am	12:20 pm	
08/17/2007	Windhoek, Namibia	Johannesburg	12:50 pm	3:45 pm	
08/17/2007	Johannesburg	London (Heathrow)	9:00 pm	6:55 am	
08/18/2007	London (Heathrow)	Chicago (Ohare)	11:15 am	2:10 pm	

